Exercise 4_Maintaining Trust

Exercise 1 – 3 will help to create the foundations for a trusting relationship. From this you can expect: **openness, integrity and reciprocity**.

To unlock **compatibility, predictability, goodwill, inclusion, accessibility** and **well-being** as a leader you will need to enable consistency over time.

You can do this through:
- Regular check-ins with the team to see what is working, not working / needs revising. Revisit the contract each quarter.
- Open & honest discussions quarterly on a one to one basis which covers expectations regarding work/life balance, likes, dislikes and longer term aspirations will.

![Diagram showing the relationships between compatibility, predictability, goodwill, inclusion, accessibility, openness, integrity, and reciprocity]

Consistency over time will give…

Laying the foundations will give…

Openness

Compatibility

Predictability

Goodwill

Inclusion

Accessibility

Reciprocity

Well-being

Integrity